

	Classroom Drama Therapy	Welcome to School	PIER	INSETT	TRT
Focus area					
Mental and wellbeing problems	Yes, covered.	Partly/partly covered.	Partly/partly covered.	Partly/partly covered.	Yes, covered.
Interethnic peer relations	Yes, covered.	Yes, covered.	Yes, covered.	Partly/partly covered.	No/Not covered.
Group dynamics	Yes, covered.	Yes, covered.	Yes, covered.	Partly/partly covered.	Partly/partly covered.
Home-school collaboration/relations	No/Not covered.	No/Not covered.	No/Not covered.	Yes, covered.	Partly/partly covered.
Life skills	No/Not covered.	Yes, covered.	Partly/partly covered.	Partly/partly covered.	Partly/partly covered.
Feelings of belonging	Yes, covered.	Yes, covered.	Yes, covered.	Partly/partly covered.	No/Not covered.
Coping strategies	Partly/partly covered.	Yes, covered.	No/Not covered.	Partly/partly covered.	Yes, covered.
School capacity building	Partly/partly covered.	Partly/partly covered.	Partly/partly covered.	Yes, covered.	Yes, covered.
Teachers' competence and practice	Partly/partly covered.	Partly/partly covered.	No/Not covered.	Yes, covered.	No/Not covered.
Target group					
Individual students	Yes, covered.	Partly/partly covered.	Partly/partly covered.	Partly/partly covered.	No/Not covered.
Class, group	Yes, covered.	Yes, covered.	Yes, covered.	Partly/partly covered.	Yes, covered.
Whole school	No/Not covered.	No/Not covered.	Partly/partly covered.	Partly/partly covered.	No/Not covered.
Parents/custodians	No/Not covered.	No/Not covered.	Partly/partly covered.	Partly/partly covered.	Yes, covered.
Teachers	Yes, covered.	No/Not covered.	No/Not covered.	Yes, covered.	No/Not covered.
Class type					
Newcomer classes	Yes, covered.	Yes, covered.	No/Not covered.	Yes, covered.	Yes, covered.
Regular classes	Yes, covered.	No/Not covered.	Yes, covered.	Partly/partly covered.	No/Not covered.
Age range					
Lower secondary (yrs. 11-15)	Yes, covered.	Yes, covered.	Yes, covered.	Yes, covered.	Yes, covered.
Upper secondary (yrs. 16-20)	Yes, covered.	Partly/partly covered.	No/Not covered.	Yes, covered.	Yes, covered.
Can be conducted with little resettlement language proficiency					
	Partly/partly covered.	Partly/partly covered.	Partly/partly covered.	Not applicable	Yes, covered.
External resources needed					
Material	No/Not covered.	Yes, covered.	Yes, covered.	See note 1.	Yes, covered.
Personnel	Yes, covered.	No/Not covered.	Partly/partly covered.	See note 2.	Yes, covered.
Can replace normal classes					
	Partly/partly covered.	Yes, covered.	Partly/partly covered.	Not applicable	Partly/partly covered.
Time frame of intervention					
<20 hours	Partly/partly covered.	Partly/partly covered.	Yes, covered.	See note 3.	Partly/partly covered.
20-40 hours	Yes, covered.	Yes, covered.	No/Not covered.	See note 3.	Yes, covered.
41+ hours	No/Not covered.	No/Not covered.	No/Not covered.	No/Not covered.	No/Not covered.
Caretaker involvement required					
None	Yes, covered.	Yes, covered.	Yes, covered.	Yes, covered.	Yes, covered.
To a small degree	Yes, covered.	Yes, covered.	No/Not covered.	No/Not covered.	Yes, covered.
To medium or high degree	No/Not covered.	No/Not covered.	No/Not covered.	No/Not covered.	Yes, covered.
Teacher training and preparation workload					
Part of normal preparation	Partly/partly covered.	Partly/partly covered.	No/Not covered.	No/Not covered.	No/Not covered.
Extra preparation	Yes, covered.	Yes, covered.	Yes, covered.	Partly/partly covered.	Yes, covered.
Additional and/or external training	No/Not covered.	No/Not covered.	Partly/partly covered.	See note 3.	Yes, covered.
Location					
Normal class room	Yes, covered.	Yes, covered.	Yes, covered.	Not applicable	Partly/partly covered.
Special room requirements	No/Not covered.	No/Not covered.	No/Not covered.	Not applicable	Yes, covered.
Selection of sessions possible					
	Yes, covered.	Yes, covered.	Yes, covered.	Partly/partly covered.	No/Not covered.

Labels

■	Yes, covered.
■	Partly/partly covered.
■	No/Not covered.

Note 1:
The online training module included in INSETT is provided by Augeo Foundation's online academy platform.

Note 2:
INSETT is developed for implementation in collaboration with external experts contributing as lecturers. Implementation without such collaboration is possible, but involves modification of the INSETT programme.

Note 3:
Teachers participating in the INSETT teacher training program need to be made available for two full-day seminars and 4-5 hours in completing the included online course.

Costs

WTS

Implementing Welcome to School (WTS) involves costs for teacher preparation of the 14 sessions (e.g. similar to normal teacher preparation). The teacher manual and students' workbook can be downloaded for free at <https://www.pharos.nl/english/youth-health-programme/school-programmes-for-refugee-youth-in-secondary-education/> but costs related to printing the manual and workbooks must be foreseen. Translated and adapted versions of WTS exist for the following countries/languages: Danish, Dutch (for the Netherlands), Dutch (for Belgium), English, and Norwegian. If implemented in other languages or country contexts, translation and adaptation costs related to the WTS manual and workbook must be added.

Classroom Drama Therapy

Implementing Classroom Drama (CD) requires recruiting a creative therapeutic team to deliver the intervention within the school context. Members of this team are provided with a salary that allows them to familiarize themselves with the intervention and compensates them for their hours preparing and delivering the intervention. During the intervention, the creative therapeutic team works in close collaboration with the class teacher, who is expected to be present at each session. Additional costs may relate to materials used during the Classroom Drama sessions (e.g. musical instruments, fabrics, props to support creative expression).

Teaching Recovery Techniques (TRT)

Implementing the Teaching Recovery Techniques (TRT) intervention involves costs for 3-4 days of training in delivery of the intervention plus fees for reimbursements and venues. Access to the TRT manual developed by the Children and War foundation is included in the training costs. The manual is available in multiple languages. In addition, costs for preparation and intervention delivery (8h) for the teachers/facilitators are needed as well as costs for reimbursements to participating students.

PIER

The PIER manual and accompanying student materials are freely available online. The student materials require printing. All other material costs are incidental and only apply to stationery (scissors, larger sheets of papers, and felt-tip pens). These could likely be provided by the schools in most instances. Classrooms need to have access to a white screen to share materials such as PowerPoints and videos. The intervention can be conducted by an external facilitator or by a teacher. Teachers facilitating PIER would require at least one day of training.

INSETT

In-Service Teacher Training (INSETT) consists of a combination of physical seminars and online training. Implementing INSETT involves costs for organising two full-day seminars for all participating teachers and for teachers' participating in the seminars in question (i.e. costs are likely to include temporary replacement teachers). The online training as part of INSETT can be completed in 4-5 hours. The possibility of incorporating participation in INSETT in teachers' allotted preparation and/or further education time is subject to local conditions and agreement. Translated and adapted versions of INSETT (seminar materials and online training module) exist for the following countries/languages: Finland/Finnish, Norway/Norwegian, Sweden/Swedish. The online training module included in the INSETT programme is additionally available in Dutch, English and German. If implemented in other countries/languages, significant development cost will accrue, including translation and adaptation of the online training module and, if needed, the INSETT manual (available in English only) and lectures.